

BREAKFAST SERVED ALL DAY



Breakfast Platters

Two Eggs & Toast	4.5
Two Eggs, Toast & Bacon, Sausage or Ham	6.5
Two Eggs, Toast, Bacon, Sausage or Ham & Hash Brown	8

Three Ingredient Omelet (served until 11am)

Served with White, Wheat, or Rye Toast
American, Cheddar, Provolone, Spinach, Sautéed Mushrooms, Caramelized Onions, Tomato, Broccoli, Peppers

	9.5
Want more than three ingredients?	+ .75 each
Add Avocado	+1
Add Meat	+3
Add Cheese	+1

Breakfast Sides

Bacon, Ham or Sausage	3
Hash Browns	2
Buttered Hard Roll, White, Wheat or Rye Toast	2
Gluten Free Toast	4
NYC Bagel	2
with Butter and/or Jam	2.5
with Cream Cheese	3

SALADS

SIGNATURE SALADS

Garden Salad	9
Mesclun Mix, Carrots, Red Onion, Tomatoes, Cucumber, Red Bell Pepper, Snow Peas, Broccoli, Celery, Garlic Croutons with Balsamic Vinaigrette	
Southwest Salad	10
Green Leaf Lettuce, Queso Fresco, Crispy Corn Nuts, Black Beans, Red Bell Pepper, Avocado with Cilantro Lime Dressing	
Greek Salad	10
Baby Spinach, Red Onion, Feta Cheese, Kalamata Olives, Tomatoes, Stuffed Grape Leaves, Cucumber, Red Bell Pepper, Chickpeas with Red Wine Oregano Vinaigrette	
Cobb Salad	10
Crisp Romaine Lettuce, Red Onion, Gorgonzola, Bacon, Tomato, Hard Boiled Egg, Avocado with Buttermilk Ranch	
Caesar Salad	9
Crisp Romaine Lettuce, Shaved Parmesan, Garlic Croutons with Caesar Dressing	

WANT PROTEIN?

Add Grilled Chicken	+2
Add Grilled Steak	+6
Add Grilled Shrimp	+6
Add Grilled Salmon	+7

Classic Breakfast Sandwiches & Wraps

Served on Hard Roll or Toast (White, Wheat, Rye)

One Egg with Cheese	4.5
With Bacon, Sausage, or Ham	6.5

Served on Wrap (White, Wheat, Spinach, Garlic Herb, Sundried Tomato), Ciabatta, NYC Bagel, Croissant, or Multigrain Roll

Two Eggs with Cheese	5.5
With Bacon, Sausage, or Ham	7.5
GF Roll	+2
Extra Egg	+1
Extra Meat	+3
Extra Cheese	+1

GOURMET BREAKFAST SANDWICHES

Southwest	7	Steakhouse Scramble	10.5
Two Fried Eggs, Pepper Jack Cheese, Avocado, Chipotle Roasted Red Pepper Spread on Ciabatta Roll		Two Scrambled Eggs, Shaved Steak, Gruyere, Caramelized Onions, Sautéed Mushrooms on Hard Roll	
with Meat	10	Tuscan	8.5
Breakfast Burrito	7.5	Two Fried Eggs, Fresh Mozzarella, Tomato, Pesto Aioli on Ciabatta Roll	
Two Scrambled Eggs, Chipotle Gouda, Black Beans, Salsa, on White Wrap		Lean & Green	8
with Pulled Pork	10.5	Two Scrambled Egg Whites, Spinach, Avocado, Alfalfa Sprouts, Chimichurri Sauce on Multigrain Roll	
Loaded New Yorker	11.5	with a 12 oz. Guilford Green Juice	12.5
Smoked Salmon, Cream Cheese, Red Onion, Tomato, Capers on NYC Bagel			

MARKETPLACE "MAKE IT YOURS" SALAD

1 CHOOSE YOUR GREENS. Green Leaf, Baby Spinach, Mesclun Mix, or Crisp Romaine	9
2 CHOOSE YOUR PROTEIN. Grilled Chicken, Crispy Chicken, Chicken Salad, Tarragon Chicken Salad, Curry Chicken Salad, Tuna Salad, Egg Salad, or Tofu	11
Grilled Shrimp or Roasted Salmon	13
Grilled Steak	15
3 CHOOSE YOUR TOPPINGS. Included - Red Onion, Carrots, and House-Made Garlic Croutons.	
Choose Four More: Almonds, Artichoke Hearts, Banana Peppers, Beets, Bell Peppers, Black Beans, Black Olives, Broccoli, Chickpeas, Corn Nuts, Cucumbers, Dried Cranberries, Edamame, Feta, Grape Leaves, Grape Tomatoes, Jalapeños, Kalamata Olives, Mushrooms, Pumpkin Seeds, Queso Fresco, Sprouts, Snow Peas, Sunflower Seeds, and Walnuts	
Each additional topping	+ .75 each
Avocado, Fresh Mozzarella, or Goat Cheese	+1 each
4 CHOOSE YOUR DRESSING. Buttermilk Ranch, Chunky Bleu Cheese, Balsamic Vinaigrette, Red Wine Oregano Vinaigrette, Cilantro Lime, Balsamic, Caesar Dressing or Red Wine Vinegar & Olive Oil	

DID YOU KNOW? All of our dressings are house-made!